Services for July and August

July			
2 nd	10.00am	Rev Keith Edwards Holy Communion	
9^{th}	10.00am	Mrs B Blake Juníor Church	
9^{th}	6.00pm	United Service at the Baptist Church	
16^{th}	10.00am	Rt Revd A Shergold	
16^{th}	6.00pm	Circuit Service at Aylesbury Methodist Church	
23 rd	10.00am	Local Arrangement	
23^{rd}	6.00pm	Lighthouse Service	
30^{th}	10.00am	Míss M Dore	
August			
$6^{ ext{th}}$	10.00am	Mr A Sara Holy Communion	
13^{th}	10.00am	Revd C Shergold	
20^{th}	10.00am	Mr A Sara, Café Church	
27^{th}	10.00am	Rev Ann Henman	

Tea and coffee are served after the morning service. Please join us in the Hall.

Princes Risborough Methodist Church

'The Messenger' July/August 2017



This magazine comes to you with the good wishes of the Church

Princes Risborough Methodist Church Wycombe Road Princes Risborough Buckinghamshire

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Material for the September Messenger to the Editor by Sunday 13th August at the latest please.

This Church is proud to be a member of 'Churches Together in Risborough' associated with The Baptist Church, Elim Church, St. Dunstan's Church, St. Mary's Church and St. Teresa's Roman Catholic Church.

Rotas for August

	Duty Stewards	Welcoming Stewards	Bible Readers	Tea/coffee
6 th	Mrs J Gerrard	Mr & Mrs D Robbins	Mr & Mrs D Robbins	Mrs S Hunnisett
13 th	Miss M Dore	Mrs F Sheppard Mr J Needham	Mrs F Sheppard Mr J Needham	Mrs M Stevens
20 th	Mr M Pullen	Mrs M Stevens Mr B Oates	Mr M Pullen Mrs M Stevens	Miss P Scott
27 th	Mrs M Judd	Mr J Drake Mrs F McMullan	Mr J Drake Mrs C Palmer	Mrs B Oates

Weekend	Flowers	Grass Cutting	Cleaning
5/6	Miss P Scott	Mr J Needham	Miss P Scott
12/13	Mrs W Carter	Mr B Palmer	Mrs C Palmer
19/20	Mrs C Palmer	Mr K Smith	Miss M Dore
26/17	Mrs B Oates	Mrs M Stevens	Mr D Stevens



If unavailable, please arrange an exchange or replacement, notify the steward, and amend the porch and vestry lists. If you would like to be involved as a welcoming steward or Bible reader, or any other rota please speak to Joe Needham (01844 343246), or one of the Stewards.

Those who kindly provide flowers please leave the wrappings in the vestry so that the stewards have something to wrap them in when they distribute them after the service. We could always do with more than is provided so if anyone has any suitable paper please leave that in the vestry or the vase cupboard.

Rotas for July

	Duty Stewards	Welcoming Stewards	Bible Readers	Tea/coffee
2 nd	Miss M Dore	Mrs M Stevens Mrs B Oates	Mrs M Stevens Mrs J Gerrard	Mrs M Stevens
9 th am	Mrs J Gerrard	Mr J Drake Mrs F McMullan	Mr J Drake Mrs V Haydon	Mrs V Spires Lane
9 th pm			Miss M Dore	
16 th	Mrs M Judd	Trout Family	Mr & Mrs N Trout	Miss P Scott
23 rd	Mrs C Palmer	Mr & Mrs G Hudson	Mr & Mrs G Hudson	Mr J Needham
30 th	Mr M Pullen	Mr & Mrs V Baker	Mr & Mrs V Baker	Mrs B Oates

Weekend	Flowers	Grass Cutting	Cleaning
1/2	Mrs D Robbins	Mrs M Stevens	Mr D Stevens
8/9	Mrs B Oates	Mr G Hudson	Mrs B Hudson
15/16 (YDA)	Mrs D Robbins	Mr N Trout	Mrs K Trout
22/23	Mrs B Willett	Mr C McMullan	Mrs F McMullan
29/30		Mr B Cleery	Mrs S Wilson

Weekly Church Notices: Please contact Mrs Maureen Judd by telephone (01844 344935) or e-mail - maureenjudd@maureenjudd.plus.com with any information regarding weekly notices by noon on Friday. *Maureen Judd*

Rest Day—Rev. Keith Edwards' 'day off' is a Wednesday; please try to respect this whenever possible.

Dear Friends



Over the past year we, as a circuit, have been made aware of the question Why? Rev Jill Marsh suggested at the circuit consultation last year that for everything we do we should ask the question why? And to each answer continue with why? until we recognise God at work in our why's?

At the circuit consultation in June we looked deeper into some of the answers to the why question, specifically with regards to intentional faith sharing with those who use our buildings. Often when we speak of evangelism we think of knocking on doors and we run and hide. But there are those who come through our doors each week and perhaps we can engage in a deeper way with them.

What sometime scares us is that we feel unprepared, but we shouldn't be – we have a god who is there for us every day to encourage us and to give us a new beginning.

There is a song in our hymn book STF 66:

The steadfast love of the Lord never ceases, His mercies never come to an end; They are new every morning, New every morning, Great is Thy faithfulness, O Lord, Great is Thy faithfulness.

With God we have new beginnings every morning. His love for us is so great that each day brings something new for us. It does not matter how old we are, how young we are, what roles we have played in the past, whether we've "been there, done it, read the book, seen the film and bought the t-shirt", God can work new and wonderful mercies in our lives each and every day. So I ask you, yes you, what is God renewing in your life today, how is he using you and how are you allowing him to use you and your unique gifts? May God show you your new beginnings Today, and may we build His church together as we answer the question – WHY?

Grace and peace to you - Keith

Church News

Junior Church

The dates for **Junior Church** are **9**th **and 16**th **Jul**y. There will be no Junior Church in August, and we next meet on 10th September.

Fran McMullan



Birthdays

Happy birthday to Clare Hudson who will be 18 on 10th July. Claire Haydon who will be 7 on 18th August and Caitlin Paul who will be 13 on 27th August.

Congratulations to Elaine and Joe Needham on becoming grandparents. Freya Grace was born on May 29th to Ruth and Ian Lucas.

Fairtrade Stall

The stall in June raised £32, thanks to all who supported.

There will be a stall after the service on **2**nd **July**, but not one in August.

Judith Gerrard

Retiring Collection

There will be a retiring collection on **6**th **August** for our charity, One Can Trust.

Judith Gerrard

United Service

with St. Mary's Parish Church and the Baptist Church.

These services are held either in our Church, the Baptist Church or St. Mary's Church. We are grateful to the ministers for leading these services.

The next service will be held at the Baptist Church on **Sunday 9**th **July** at 6.00pm.

There will be NO united service in August.

SALT

Everyone is welcome to this small, informal group. Come along and share lively discussion on a variety of subjects with some bible study thrown in for good measure!

We will meet on Thursday, **6**th **and 20**th **July** at 7.30pm at the home of Maureen Judd.

For more information please speak to Maureen Judd, Victoria Haydon or Joe Needham.

Victoria Haydon

Pastoral Committee

The date of our next meeting is Wednesday 20th September.

Fay Sheppard, Pastoral Committee Secretary.

Diary Dates for July and August

2 nd July	Fairtrade Stall
2 nd July	First Sunday Café, Stone Methodist Chapel
6 th July	SALT
7 th July	Breakout
8 th July	Askett Open Gardens
8 th July	Church stall at the Street Fayre
8 th July	CTR stall at the Street Fayre
9 th July	Action for Children Sunday
10 th July	Bereavement drop-in
12 th July	Visit to Harris Manchester College
15 th July	YDA Summer Fundraiser
16 th July	Church BBQ
18 th July	Tuesday Fellowship
20 th July	SALT
23 rd July	Lighthouse Commissioning Service
24 th to 28 th July	Lighthouse Week
30 th July	Farewell service for Rev Jim Gorringe
31 st July	Silent Prayer

6 th August	Retiring Collection
	Q
8 th /9 th August	St Mary's Holiday at Home
13 th August	Messenger copy deadline
15 th August	Tuesday Fellowship

Future Dates

17 th September	Later
20 th September	Pastoral Committee
13 th October	Mercy Ships event

Fundraising

Easyfundraising



Easy Fundraising does exactly what it says – it raises funds for a good cause (e.g. Princes Risborough Methodist Church) with minimal extra effort required on your part.

If you (or other family members if you do not do internet shopping) would like to join the eight of us currently registered, then go to www.easyfundraising.org.uk and register – selecting Princes Risborough Methodist Church as the cause you support. Then all you need to remember is that when you want to do online shopping you first of all log on to the easyfundraising website, and then find the retailer you want.

Try it! It's easy and worthwhile!

'One Can Trust '



Food bank serving families in need.

Our Church box goes to the Food- bank HQ in High Wycombe, before distribution. A list of needs is on the box in the church hall.

Marilyn Dore

Transport to Church

If you require transport to or from any of the Sunday services or other events please speak to a Steward.

Tuesday Fellowship

Our next meeting is on 18th July at the Church at 2pm when our speaker will be Cannon Rob Brown who was a Cannon at St. Albans Cathedral until his retirement and he will tell us about his life.

Our August meeting is on 15th August when we have been very kindly invited for a Garden Tea at the home of Noreen and Vic Baker.

World & Home Mission Boxes

It is now time for World and Home Mission boxes to be opened again and I shall be pleased if those people who hold boxes would let me have them as soon as possible. Thank you.

Pam Scott

Methodist Homes

Many thanks for your contributions via the gift envelopes for Methodist Homes in June, the total collected will be in the September Messenger.

Judith Gerrard

Father's Day treat

How nice it was that Fran and Robinson made rock cakes for all the men in honour of Father's Day on 18th June.

Chris Palmer

Service on 14th May

We would like to thank Revd. Steve Williams, an assistant minister from St. Mary's Church, for leading our worship on Sunday, 14th May, and for being ably assisted by his wife, Rose, also an assistant minister from St. Mary's Church. Hopefully this may open the way for other minsters from St. Mary's Church leading our worship, thus further strengthening the close ties between our two churches that already exists.

Judith Gerrard

Pam Scott | Street Fayre

On Saturday 8th July as part of the Princes Risborough Summer Festival we will be holding a fundraising tombola stall in the High Street with the proceeds to be split between the Once Can Trust and Lighthouse. Please put aside any unwanted items that you think would be suitable for either the adults or the children's tombola i.e. toiletries/chocolates/soft toys/drinks.

Please bring along to Church any donations for storage or I can collect them. In previous years we have also sold jams, preserves and fresh produce which can be brought along on the day; many thanks.

Fran McMullan 01844 274853.

Action for Children

Enclosed with the Messenger this month is a gift envelope for Action for Children. This can be returned via the collection any time in July, but particularly on Action for Children Sunday **9**th **July**.

This Methodist-based charity has been working for children since 1869, and is still relevant, working to help children grow up safer, and to have help when they need it most. It tries to ensure that children and families are cared for and are receiving the support they really need.

In the 1990s it introduced intensive family support programmes to keep children safe at home and out of care, and has recently campaigned to change the law on child neglect.

Action for Children works in local communities to protect and support the young and vulnerable, and has a children's centre based locally at Princes Risborough School, with play sessions, a healthy eating project and outreach to homes.

Nationally last year they helped over 390,000 children. One was Megan, who at 14 didn't think she would have a safe place to call home. Action for Children liaised to find the right foster parents, and now at 17 Megan is an ambassador for Action for Children.

The current campaign, Fair by Five, aims to improve the chances of children from low income families, where just 50% are really ready to take advantage of school by age 5. Early input in their lives makes a huge difference and Action for Children says 'as a country we ought to do better'!

Judith Gerrard

Some sad news

David Ridgley, a regular worshipper at our church for several years passed away on Wednesday 14th June. We have no further details at this time.

I wish to remind you of this outing to Manchester College Oxford, which is the only college dedicated solely to mature students. There are still a few seats available on the coach, so if you have a friend or relative who would enjoy a really good outing, invite them



to join us. We are grateful to Rev. Dr. Ralph Waller, the college principal, for inviting us to the college, which will include a short tour of the gardens, the college buildings, and the very impressive college chapel and we will conclude the visit with afternoon tea. The total cost of the coach fare and afternoon tea is £20.

Contact me on 07894159544 or 01844 690264 or email wodenman1957@yahoo.co.uk as a matter of urgency to book your seat.

Vic Baker

Askett Open Gardens

Askett is having an Open Gardens day in aid of the Air Ambulance on Saturday 8th July. Askett is a Conservation Area village lying in a beautiful setting just below the Chiltern Hills. There are 15 grade II listed buildings including the Three Crowns public house which will be open.

Eight gardens varying in size, design and planting, within easy walking distance are opening, with teas being served at two gardens. The village through road will be closed so, if driving, come along the B4009 rather than the A4010.

Admission £5.00 for adults for entrance to all gardens.

The Chandos Ensemble

in Concert

at

St Dunstan's Church Monks Risborough

Sunday 9th July at 3.30 pm

A concert of music for string orchestra including Bach's Double Violin Concerto in D minor and Elgar's Introduction and Allegro for Strings

followed by refreshments

(please bring a chair if you would like to sit outside)

Tickets - Adults £8 - accompanied children (under 8) £3 available from Rachel 01844 761535 or Sue 01844 257287

or www.ticketsource.co.uk/st-dunstans-church

Lighthouse - 24th to 28th July

Your help is still needed if you have the time and the ability to fill the various roles.



First-aiders are needed on site as a first point of contact in case of an emergency, but you must hold a current first-aid certificate and be over 18 years old.

Administration - we need someone to assist in the daily registration of the children and to deal with any day-to-day queries that may crop up.

A Prayer team is being formed to assist children to learn how to pray, but will also be available to everyone who is in need of prayer during the week.

Little Lighthouse Leader - Someone is needed to 'shadow' the current Little Lighthouse Leader looking after the 0-3 year-olds at morning sessions in the Toddler Tent, with the expectation of assuming that role at next years' Lighthouse.

Site volunteers - We need as many site volunteers as possible to help with setting up the site and with dismantling and clearing it after the event. Whilst the jobs run over several days, volunteers are welcome to come for as few or many hours as they can manage.

On <u>Wednesday 19th July</u> from 4pm onwards; we need to set out for the marquees and to place fencing (pedestrian barriers and orange mesh on steel pins) to enclose our working area for Thursday when the school children will still be using the field.

On <u>Thursday 20th & Friday 21st July</u> we need someone, preferably familiar with the traditional site layout, to be on site and receive and direct placing of various items of equipment which will be arriving. This is a light task which could be interspersed with continuing erection of fencing and barriers.

Also on <u>all these days including Saturday 22nd July</u> we will need a crew to travel in the hire van to collect locally borrowed equipment. This is mainly from churches and schools and consists of tables, chairs, staging, toys, etc. There is an amount of lifting, carrying, shoving, etc involved in this. Once equipment is on site, there will be further tasks including setting up stages & tables, placing chairs, etc.

<u>During Lighthouse week</u> the Site Manager is looking for volunteers to assist with the running of the site. This will involve refilling water containers and placing them outside tents, replacing rubbish bags from bins and taking the full bags to the skip, and just keeping a general eye on the running of the site. This will enable the manager to get rest periods or work shorter days.

Site security volunteers

We need to provide site security for the period from 7.00pm to 7.00am from Thursday evening 20th July until Sunday morning 30th July, with the night shift taking over from the evening shaft at midnight. People can volunteer to cover the whole 12 hours, or a 'half' shift changing at midnight. People are welcome even if they can only cover part of an evening shift.

Lighthouse Café

There is the usual request for cakes for the café at Lighthouse! If anyone is able to bake cakes but is not able to take them up to the Lighthouse site, I am willing to collect.

If you are willing to volunteer for any of these jobs, please contact me; but if it is to volunteer for site duties, you may want to contact the Site Manager, Gary Dawson, direct on **07428 481536**

Fran McMullan 01844 274853

Silent Prayers

The next meeting is at St. Dunstan's Church Hall, on Monday **31**st **July** at 8pm.

We will not be meeting in August or September

We need silence to help us get a perspective on our lives; to hear the still, small voice of God, and refresh our inner being.

All are welcome.

ensure it is fit for purpose.

We gratefully acknowledge the recent donations from the Black Dog Band, CD sales from Banjovi Revival and those from people donating through 'My Donate and standing orders. Your generosity helps us to work through all the numerous renovations we need to undertake in order to make the Centre truly fit for purpose.

If you wish to contribute financially to our continuing refurbishment needs, you can donate on line by visiting www.princescentre.org.uk., and by clicking on the 'My Donate' button. If you would like to book a hall or offer support in any way please ring Kim, our manager, on 01844 345105.

Maggie Wooster

**** On Saturday 17th June the children and parents of YDA met at church for their monthly parents support group (PSG) meeting. The leaders had prepared all kinds of activities, mostly out in the garden, which the children love. Most of the children have hearing loss and many also have other challenging conditions to cope with, but all play happily within their capabilities. 🖢 Then along came 'Uncle Mike' who invited the children to pick strawberries from his allotment! What a treat, as each child, with a bowl eagerly gathered fruit. They sat on the grass, eating pizza, which they had made, and strawberries; perfect for summer fun. 🐆 I encourage you to visit their summer fete, here in our garden, on 15th July from 12 noon 'til 2.00pm for tea, coffee & cake, games, tombola, plant stall and more. The profit will go towards their Christmas trip to the theatre. Thank you for your continued support.

Princes Centre Update

The Princes Centre recently celebrated its 5th anniversary THE PRINCES CENTRE and the clients were treated to a week of entertainment. It started with a performance from the local ukulele



band, followed by a drum workshop, a concert from Banjovi Revival, songs from Steve McCormack, a performance from the Aylesbury Belly Dancers, music played by the Rev. Tony Bundock, a performance from Sweet Serenades, a disco provided by DJ Bill, and ended with a concert from the Black Dog Band. Marks and Spencer and Tesco provided afternoon teas.

The Centre recently had a visit from the Bucks County Council Dignity Awards scheme, and though not the outright winners, we were awarded three highly commended certificates; one to the staff team for their dignity shown when offering social care, another to our manager Kim for her community work, [the Yarn Bombing project last summer], and another to the trustees for their community work, namely supporting the Princes Centre.

Some of our clients in the Jinglers choir will be performing in St Mary's Church during Festival week in July and if past performances are anything to go by, the audience will be in for a treat. Their performance is always very uplifting so please go along and support them.

Following a wishful comment from one of our elderly clients, some staff members and volunteers will be giving their time to enable six clients to experience a day at the seaside in July when they will be taken to Southend in the minibus; and we hope that the weather is kind and that they have a wonderful day.

The garden project sponsored by Tesco is almost finished and includes a ramped path which solves the problem of wheelchair access between the varying floor levels of the Princes Centre. Investigations into providing a wheelchair lift within the buildings showed that it was not possible to achieve this without providing two separate lifts which would not have been conveniently close to each other. Another benefit of the ramp is that it will not require the costly 6-monthly safety checks, although we will need to cover that area in due course to protect users from inclement weather.

The project to refurbish the toilets is underway. Our project manager has opened up existing waste pipe-work previously hidden under the floors in the two rooms intended for the new toilet facilities and carried out investigations to

Youth Matters





The Later Group

The Later Group meet at our church on the third Sunday evening of the month. There is no meeting in July due to Lighthouse week.

We will meet again on 17th September.

We welcome a number of 11-17 year olds, with an average of 14 each session. There are various activities including table-football and snooker.

Fran McMullan



Youth Service for school years 7-13 Meet on 1st Sunday of the month at St Mary's Church from 4-6pm.



Informal Bible Study for school years 10-13 Meet on 2nd Sunday of the month at St Mary's Chapter House from 6-8pm.



Deeper Worship Evening for anyone Meet on 4th Sunday of the month at St Mary's Church from 6.30-8pm.



Breakout We meet Fridays from 5 - 6.15pm at Elim Church, during term time, and have games, craft, lego, puzzles as well as watching an episode of an exciting DVD called Friends & Heroes, where we

watch the adventures of a group of friends who also tell a Bible Story which is part of the theme for that particular week. We meet again on 7th July.

Doline Gadd dolinegadd@googlemail.com

CTR

Stall at Town Festival – July 8th

There will be a CTR Stall at the Princes Risborough Street Festival on Saturday 8th July . It will be adjacent Churches Together in Risboroug to the Baptist Church stall which hands out free fruit.



All the Churches of the town are asked to provide literature to be available on the stand to hand out to passers-by and there will be display boards on which posters can be put up.

Helpers are needed to set up and take down the stands, and volunteers to help man the stall during the day. Please contact me if you can help in any way.

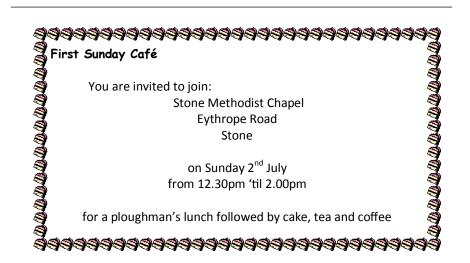
St Mary's Holiday at Home

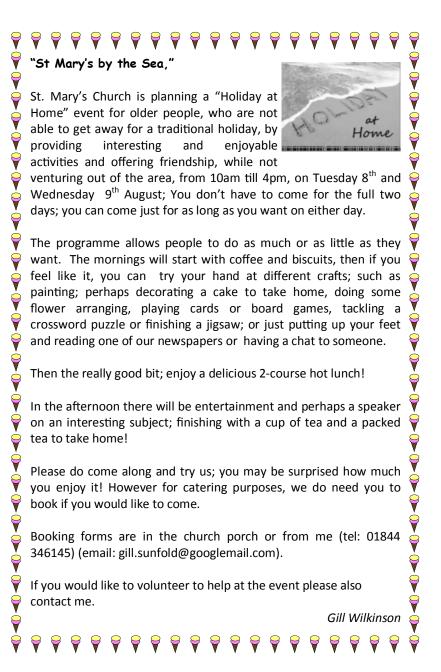
This will be on 8th & 9th of August at St Mary's Church and is aimed at those older people who are normally unable to get away for a holiday, see page 15 for further details.

Mercy Ships

There will be an event, only suitable for adults, to be held at the Elim Church on the evening of Friday 13th October. Ticket sales and publicity will be provided from the Mercy Ships organisation. Volunteers from the town churches will be needed to help steward the event. Tickets will be cheaper if bought in advance, Further information will be available nearer the date.

Joe Needham 01844 343246





New Church Treasurer.

Alf Rogers, a member of Aylesbury Methodist Church, has agreed to become our new Treasurer, subject to the approval of Church forum on 27th June, thus finally



releasing Joe from that post, who hopefully can now put up his feet and relax.

Thanks to Joe Needham, our outgoing Treasurer

For more than twenty years Joe has faithfully looked after the finances of our church, making it look easy and saying that the systems are all in place – but who put them in place, I wonder! Some years ago I recall he made an attempt to resign, but then we decided to refurbish our premises and he agreed to see us through that process, working tirelessly on our behalf applying for various grants, and in most cases gaining them.

Holding the office of treasurer requires so much attention to detail and it would be interesting to know just how much time has been spent, over the years, in taking great care of the finances. During a lot of this time Joe and Elaine's family were growing up, attending school and university and taking up the time that a busy family inevitably does, and yet the books still always balanced!

Along with looking after the finances during all that time, Joe still produces the welcoming/readers rotas, and prepares the notices of forthcoming services which are displayed on the exterior notice board. He also serves on the property committee along with wearing numerous other hats.

Joe, make the most of your new found spare time, because it is just possible that a spot of baby-sitting may soon be the next demand on yours and Elaine's time!

We owe you a great debt of gratitude, thank you so much.

Chris Palmer

Christian Aid

Although we no longer have a house-to-house collection for Christian Aid, we were fortunate this year in that a substantial amount of money was raised from an auction.

I am therefore pleased to tell you that in the end we were able to raise a total of £2535.00 for Christian Aid made up from £359.68 (collection at the united service), £394.06 (lunch), £440.12 (donations from St. Mary's Church and the Baptist Church) and £1,341.14 (proceeds from the auction).

Many thanks for your generous support.

Margaret Stevens

Bereavement Drop in

This group offers a welcome to those struggling with grief. We share together, drink tea or coffee, talk about experiences or just listen.

Many find comfort in talking about their loved ones with others who know what they are going through. We meet on the second Monday of the month, 10th July, in the Chapter House at St. Mary's Church, Princes Risborough, between 3 and 4 o'clock. Everyone is welcome, of any faith, or no faith at all. Further details from Rose Williams 01844 274225.

Crafty Sew & Sews

We meet each Tuesday in St. Dunstan's Church Hall 1.30 to 4.pm. Join us and learn new skills and share knowledge. Bring your own work – Cross Stitch/Tapestry/Knitting etc. £1 per session.

Organisers: Janet East 01844 345028 Pam Scott 01844 346857. Church BBQ

When? Sunday 16th July

What time? Around 12 noon, following the service

Where? Church Garden

Weather? Dry and Sunny!

Cost? £5.00 per head Concessions

Menu? Hot Dogs and Hamburgers, plus a vegetarian option, or bring your own meat to be barbecued if you would like something different.

Selection of Bread

Salads

New Potatoes

Summer Desserts

Soft Drinks

Objective? To have a time of fun, fellowship and relaxation with our families and friends, so please invite them. The intention is not to make a profit, so any surplus after expenses have been paid will go to a worthy cause.

However, in order for this to happen and for everyone's enjoyment we will need help please:

- ◆ A barbecue (in addition to the church one)
- ♦ Chef(s)
- ◆ Set up crew (tables/chairs needed outside)
- ♦ Clean up and washing up crew
- ♦ Offers to provide:

Salads

Potatoes

Dressings (mayonnaise already in fridge)

Butter

Desserts to include fresh fruit, cream/yoghurt/ice cream

You will be reimbursed, so please keep a note of your expenses.

Please advise me if you a) intend to be there and

b) if you can help or provide something.

Chris Palmer 01844 344705

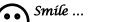
There will be a Circuit "Songs of Praise" service at Aylesbury Methodist Church (AMC) on Sunday, **16**th **July** starting at 6.00pm, which will be combined with a farewell service for Rev Irena Byron and Rev Steve Watts, and will also include recognising Des Ffoulkes' 60 years as a local preacher. The service will be led by Rev Helen Kirk. The "Circuit" choir, under the directorship of Cliff Brown, will be singing a couple of anthems, as well as helping to lead the congregational singing. For those wishing to join the Circuit choir for this service, there will be one rehearsal at AMC on Friday, **14**th **July** at 8.00pm. However, it is advisable to let Brenda Horne, the Choir leader, know beforehand so that the required music will be available for you. Brenda's contact details are; 01296 428580 brendaj.horne@gmail.com

Irena will be moving to the Haywards Heath Circuit to be its Superintendent minister, and Steve will be returning to full time ministry in Southend on Sea. We send them on their way with our very best wishes.

There will be a farewell service at St. Mary's Church, North Marston, on Sunday **30**th **July**, starting at 6.30pm, for Rev Jim Gorringe. Jim will be retiring and moving to Bedford to be nearer his family. We wish him a happy retirement.

A collection is being made for farewell gifts, and donations should be sent to our Circuit Treasurer, Geoff Nicholson, at 48 Langdon Avenue, Aylesbury, HP21 9UT as soon as possible please.

Peter Willett



Given the elbow!

When I visited my GP with suspected tennis elbow he inquired if I could lift the affected arm in the air and twist it from side-to-side. When I confirmed that doing so did indeed hurt, he advised me not to do it!

Courtesy of the Times newspaper